



УКРАЇНА
ЧЕРНІВЕЦЬКА МІСЬКА РАДА
Комунальна установа «Молодіжний центр Чернівців
«Резиденція молоді»

(МКУ «Резиденція молоді»)

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Управління освіти Чернівецької
міської ради

Звертаємось до Вас із проханням сприяти поширенню серед студентів інформації про Молодіжний воркшоп «Ukraine Youth for Community Organizing» та долученню молодих людей до 4-го тренінгу, який буде проходити з 29.06-02.07 у м.Чернівці. Молоді люди зможуть покращити свої знання та навички щодо основ соціальної трансформації, оцінки потреб, соціальної згуртованості та діалогів з громадою. Робочою мовою є англійська. Найактивніші учасники воркшопу отримають змогу долучитися до спеціального тренінгу з розробки проєктів соціальної дії в Києві, на якому вони зможуть в подальшому отримати фінансування своїх проєктів.

Детальну інформацію про проєкт надсилаємо у Додатку до цього листа. Заздалегідь будемо вдячні за підтримку та розуміння.

Директор комунальної установи
«Молодіжний центр Чернівців
«Резиденція молоді»



Світлана ОЛЕКСІЙЧУК

Софія БОГДАНОВА
0664652100



Training programme
YOUTH ORGANIZING FOR COMMUNITY RESILIENCE

Pereyaslav June 21-24 and
Chernivtsi June 28 -July 1

I. INTRODUCTION

During the war in Ukraine, Ukrainian youth have demonstrated an outstanding capacity of mobilization and resilience to deal with the local challenges emerging in the conflict-affected context. The energy and commitment has compensated in several occasions the lack of tools and strategies to confront these complex situations and also the lack of awareness of the importance of their own well-being to continue working in the future.

In this framework, the training programme “Radical Youth Action for Community Resilience”, organized by the Ukrainian organization [Youth Up](#) and the German organization [Corridors](#) aims to strengthen the social and political participation and mobilization of youth in Ukraine, especially women young activists.

This training is embedded in a large project that will include further possibilities of engagement. Concretely, the participation in advanced training for youth leaderships and tailored support to design and implement youth-led activities in the Chernivtsi and Kyiv oblasts.

2. LEARNING GOALS AND COMPETENCES

The 4-days training aims to:

- Develop the capacities of youth in social cohesion, dialogue, and civil resistance
- Promote youth engagement with communities in collecting and systematizing local needs, opportunities and challenges

Out toolkit of competences: at the end of these initial training participants will be able to:

- Learn the logics of **social cohesion and community resilience** and the specific threats under conflict-affected areas.
- Understand the principles and effectiveness of **strategic civil resistance** and **community organizing** to foster **social transformation**.
- Recognize the importance of **community dialogue** and utilize foundational tools to engage local actors and other stakeholders effectively.
- Develop skills to design surveys and **conduct needs assessment** to collect community needs.
- Incorporate well-being principles and tactics for youth workers.



3. METHODOLOGY

The training will employ the principles and methods of non-formal education with special attention to:

Holistic and emotional learning approaches (mind-think; heart-feel; hand-do it)

Experiential learning: simulations and dynamics to experience the concepts

Dialogical learning: plenary and working group discussions

Learning by doing: practical exercises to implement the tools and frameworks shared

Caring spaces: to digest and reflect on the information provided and connect with the participants

Relevance for the context: analysis of case studies useful and relevant for the audience

4. TARGET AUDIENCE

This programme is oriented to empower 25 youth (22-30 years old) from the regions of Chernivtsi and Kyiv

- Young people with basic knowledge on activism and social mobilization, but honest commitment to engage in this field and the project proposed;
- Genuine interest for the thematic topics of this training;
- Originally from urban or rural areas from the targeted oblasts;
- Good level of English language;
- Preferably with past experience of work and cooperation with Youth Centers.

5. TRAINING AGENDA

	Day 1	Day 2	Day 3	Day 4
09:00	Registration and welcome coffee	Conscious movement (Inna Kirchyk)		
930h-1100h	Introduction to the program and participants (Olena and Felip) + teambuilding	Community and social dialogue (Olena)	People's power and civil resistance (Felip)	Community organizing (Felip)
1100-1130h	Coffee-break			
1130h-1300h	Social transformation and democracy (Felip)	Community and social dialogue (Olena)	People's power and civil resistance (Felip)	Well-being and trauma sensitivity (Olena?)
1300h-1400h	Lunch Break			
1400h-1530h	Social Cohesion and resilience (Olena)	Practical exercise: community dialogue	Practical exercise: civil resistance (Felip)	Final evaluation and Next Steps (Olena and Felip)
1530h-1600h	Coffee-break			



1600h-1700h	Workshop: Understanding community needs (Olena-Felip)	Workshop: Designing surveys (Felip)	Workshop: Organizing data collection and systematization processes (Felip)	Departure
1700h-1730h	Personal-Interpersonal evaluation and closing of the day			

6. RESOURCES TO BE USED

- How to conduct surveys (Centre for UA)
- Report [“Communities at War”](#) (Center for Untied Actions)
- [Guidelines for Trauma Sensitivity in Peacebuilding and Community Work](#) (Corridors)
- [Handbook Nonviolent action and Social Transformation](#) (Novact).